



Kent Elementary School

7285 McCullough Road, Agassiz, BC

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October 2015 NEWSLETTER

Upcoming Events

OCTOBER

- Mon, Oct 12th Thanksgiving - No School
- Thurs, Oct 15th Great Canadian Shake Out
- Fri, Oct 16th Photo Orders due back to the school
- Mon, Oct 19th Election Day
- Tues, Oct 20th Norcard orders due
- Thurs, Oct 22nd Celebrating Strength Assembly
8:50am Primary, 9:25am Intermediate
- Thurs, Oct 22nd Photo RETAKES 10:30am -bring back your proofs to photographer
- Thurs, Oct 22nd Gr 6 class selling Pizza \$2 a slice, order forms out next week
- Thurs, Oct 22nd PAC Family Movie night 6:30pm in gym showing Cinderella
- Fri, Oct 23rd Pro-D - No School
- Thurs, Oct 29th Pumpkin Run 10:30am
- Fri, Oct 30th Wear a Costume today

NOVEMBER

- Tues, Nov 10th Remembrance Day Assembly - 10:45am
- Wed, Nov 11th Remembrance Day - No School
- Tues, Nov 17th PAC Hot Lunch Fundraiser - order forms out a week prior
- Thurs, Nov 19th Celebrating Strength Assembly
8:50am Primary, 9:25am Intermediate
- Fri, Nov 20th PAC Family Movie night 6:30pm in gym showing Inside Out
- Mon, Nov 23rd Pro-D - No School

A Friendly Reminder

1. We are a **NUT FREE school**, so please do not send anything that contains nuts, including Nutella!!!
2. This facility is a **SCENT FREE** environment. Many people are sensitive to perfumes, aftershave and other scented products. Please do not wear them in this building. Thank you
3. **If your child is going to be absent, please call the school 604-796-2161 or email kim.stanway@sd78.bc.ca**
4. If your child is **late**, please have them check in at the office for a late chip.

CHOICES started!!

*Talk to your child to see
what they are
participating in this
month.*

Kent PAC Norcard Fundraiser

All money and order forms must be returned to the school on **October 20th**

This is a great way to support our school and get some shopping done.

Head Lice

It is the time of year lice may show up in your child's hair. Head lice infestations are common among school children, are not associated with serious disease and are not a sign of poor hygiene.

To decrease the incidence of head lice among school children we ask that you check your child's head regularly for the presence of live head lice. Please remind your child not to share personal items such as combs, brushes or hats.

Having nits or head lice is not a serious problem but it does require that treatment (visit your local pharmacy for the best treatment options) be given immediately and repeated in 7-10 days. Once you have completed the first treatment please inform the school and the parents of your child's close playmates.

Early detection and appropriate treatments will significantly reduce lice in our school.

School Information

Office Hours:

8am - 3:30pm

Secretary: Mrs. Stanway

Email: kim.stanway@sd78.bc.ca

Phone: 604-796-2161

Bell Schedule:

First Bell: 8:25

Recess: 10:10 -10:25

Lunch: 12:05-1:00

Dismissal: 2:40



The Great British Columbia ShakeOut

Drop! Cover! Hold On!

Federal, provincial, local emergency management experts and other official preparedness organizations all agree that "Drop, Cover, and Hold On" is the appropriate action to reduce injury and death during earthquakes. The ShakeOut is our opportunity to practice how to protect ourselves during earthquakes. This page explains what to do-- and what not to do.



Protect Yourself. Spread the Word.

Official rescue teams who have been dispatched to the scene of disasters around the world continue to advocate use of the internationally recognized "**Drop, Cover and Hold On**" protocol to protect lives during earthquakes:

- **DROP** to the ground (before the earthquake drops you!)
- Take **COVER** by getting under a sturdy desk or table, and
- **HOLD ON** to it until the shaking stops.

If there isn't a table or desk near you, cover your face and head with your arms and crouch in an inside corner of the building. Do not try to run to another room just to get under a table.

The main point is to try not to move and **immediately** protect yourself as best as possible where you are. Earthquakes occur without any warning and may be so violent that you cannot run or crawl; you will most likely be knocked to the ground wherever you happen to be. You will never know if the initial jolt will turn out to be start of the big one. You should **Drop, Cover, and Hold On** immediately!

In addition, studies of injuries and deaths caused by earthquakes in the U.S. over the last several decades indicate you are much more likely to be injured by falling or flying objects (TVs, lamps, glass, bookcases, etc.) than to die in a collapsed building. *Drop, Cover, and Hold On* offers the best overall level of protection in most situations. As with anything, practice makes perfect. To be ready to protect yourself, practice **Drop, Cover, and Hold On** as children do in school at least once a year.

What Not to Do

DO NOT get in a doorway!

An early earthquake image from California showed a collapsed adobe home with the door frame as the only standing part. From this came our belief that a doorway is the safest place to be during an earthquake. In modern houses and buildings, doorways are no safer, and they do not protect you from flying or falling objects. Get under a table instead!

DO NOT run outside!

Trying to run in an earthquake is dangerous, as the ground is moving, and you can easily fall or be injured by debris or glass. Running outside is especially dangerous, as glass, bricks, or other building components may be falling. You are much safer to stay inside and get under a table.

DO NOT believe the so-called "triangle of life"!

In recent years, an e-mail has circulated which has recommended potentially life threatening actions, and the source has been discredited by leading experts.